



## **CHOC Children's Down Syndrome Program - an Alliance with the Down Syndrome Association of Orange County**

Children with Down syndrome have unique health care and developmental concerns that often require integrated services from a multitude of health care, social, and educational services. The CHOC Children's Down Syndrome Program is a community based clinic bridging community services and clinical specialists in Down syndrome to help ensure that these needs are being met. The clinic is not designed to replace the services of the primary care physician but rather to complement these services by providing supplementary medical care with an emphasis on preventive medicine and case management services. By collaborating with primary care physicians, Down syndrome specialists and community based support services; we will help patients reach their potential and optimal health and development.

### **Services provided:**

- Comprehensive medical assessment of children with Down syndrome from birth to age 21
- Continuing follow-up care (to be assessed and coordinated with primary care physicians and families based on individual needs)
- Referrals as required to other sub-specialists and ancillary services
- Coordinated care for each patient will be managed by our staff

The clinic examination will evaluate the child's needs with a specific focus on the medical factors that enhance developmental progress. If there are medical conditions found to be interfering with the child's developmental trajectory, referral to an appropriate subspecialist will be facilitated. CHOC and UCI have expertise in the entire array of subspecialists relevant to Down syndrome including cardiology, endocrinology, orthopedics, GI, seizures, and neurobehavioral health to name but a few.

### **Clinical Team:**

**Director:** Ira T. Lott, MD – Dr. Lott is Director of the Down syndrome program at UC Irvine and CHOC Children's. He is Professor Emeritus at UCI and his research has focused on development and aging in Down syndrome.

**Clinician:** Anne Tournay, MD – Dr. Tournay is a pediatric neurologist and Associate Clinical Professor in the Department of Pediatrics at UC Irvine School of Medicine. Dr. Tournay is a member of the Neurology Division at CHOC Children's. She has served as the primary clinician for the Down syndrome program since 2005.

**Clinician:** Minodora Totoiu, MD, PhD – Dr. Totoiu is a pediatric neurologist at CHOC Children’s and an Assistant Clinical Professor at UCI’s Institute for Memory Impairments and Neurological Disorders. She is serving the clinical needs of the adult population with Down syndrome.

**Coordinator:** Eric Doran, MS – Mr. Doran holds a masters degree in genetic counseling and has worked with persons with Down syndrome of all ages since 2001 as manager of the Down Syndrome Program in Development and Aging and UC Irvine.

**For Further Information:**

- General information: Eric Doran, MS; Phone: 714-509-3609; Fax: 714-509-7650; Email: [downsyndrome@choc.org](mailto:downsyndrome@choc.org)

**Referral Guidelines:**

To make a referral or request an evaluation please contact the CHOC Patient Access Center;

Phone: 888-770-2462

FAX: 855-246-2329

**Hours:**

Clinic meets weekly on Wednesday afternoons from 1 to 5 pm.

**Location:**

CHOC Children’s Neuroscience Center

505 S. Main St. Suite 350

Orange, CA 92868