

Mark Your Calendar for These Upcoming Events!	Parent Networks
<p>Friends Up 4 Fun—Friday, September 10 Teen Club—Friday, September 24 Estate Planning—Monday, September 27 Story Time at Barnes & Noble—Saturday, October 2 Holiday Boutique at Acapulco's—Saturday, October 9 DSAOC Halloween Picnic—Saturday, October 30 Orange County Buddy Walk—Sunday, November 7 Breakfast with Santa—Saturday, December 4</p> <p>For more information about DSAOC events visit www.dsaoc.org</p>	<p><u>0 to 3 Parent Support Group</u> Thursday, September 2 from 7—9 p.m. at the DSAOC Center</p> <p>Make friends and share the challenges, milestones and triumphs, as you raise your child. Expectant parents also welcome. Child care is not provided, but your little one with Down syndrome is welcome to come along with you.</p>
<p>Activities/Classes</p>	<p><u>Grupo de Apoyo Arcoiris</u> Spanish Language Support Group Viernes, 24 de Septiembre – 10am – 12 del medio dia Somos padres de familia como ustedes dedicados a nuestros hijos trabajando unidos para ofrecerles una vida plena de gozo, amor, aprendizaje y bienestar.</p> <p>Lugar: Dayle McIntosh Center Para mas informacion llame a 13272 Garden Grove Blvd. Alicia Sanchez 714-540-5794 o Garden Grove, CA 92843 Maria Pecina 714-558-5401.</p>
<p><u>Friends Up 4 Fun</u> For adults with Down syndrome ages 18 and older. Friday, September 10 from 6:30—8:30 p.m. at the DSAOC Center</p> <p>Game & Movie Night Join your friends at DSAOC for a night of Pictionary, bingo & card games. If you don't want to play games just hang out and watch a movie!</p> <p>Parents: Share your ideas and thoughts on how you and DSAOC can partner to enhance the lives of adults with Down syndrome.</p> <p>RSVP for this event by calling 714-540-5794, or register online at the DSAOC website www.dsaoc.org/events-register</p>	<p>Seminar</p> <p>Estate Planning Monday, September 27 from 6:30—8:30 p.m. at the DSAOC Center</p> <p>You're invited to attend a workshop on <i>Your dependent with special needs; Making his or her future more secure.</i></p> <p>Important issues that will be addressed: -Government benefit eligibility -Guardianship and conservatorship/guardianship -Financial security and funding options</p> <p>Presenter: Jim Gilmore and Rich Dutrisac from MetDESK</p> <p>RSVP for this event by calling 714-540-5794, or register online at the DSAOC website www.dsaoc.org/events-register</p>
<p><u>Teen Club</u> For teens with Down syndrome ages 12—17 Friday, September 24 from 7—9 p.m. at the DSAOC Center</p> <p>Join us for a night of music with Hearts @ Harmony! Students from a local high school will be here to share their talents and teach us some music using several different instruments.</p> <p>Parents: This night is for you too! Bring your teen to Teen Club and then join us to socialize with other parents - learn, laugh, share.</p> <p>RSVP for this event by calling 714-540-5794, or register online at the DSAOC website www.dsaoc.org/events-register</p>	<p><u>Coming in mid to late September</u> <u>Assessments Seminar</u></p> <p>This presentation on Assessments will be presented by psychologists who are experts in the implementation and use of this critical step in ensuring your child's needs are being identified and addressed.</p> <p>Stay tuned for more details coming to our DSAOC facebook page, DSAOC online calendar and your e-mail in-box.</p>
<p>2010 Orange County Buddy Walk</p> <p>Register Today! www.buddywalk.kintera.org/dsaoc Sunday, November 7 Angel Stadium of Anaheim 9 a.m.—2 p.m.</p>	



Go green with DSAOC! E-mail kabbas@dsaoc.org or call (714) 540-5794 and let us know you want the e-version of the monthly Fridge Post. Thank you!

Unless otherwise stated, activities are held at the DSAOC Center, 151 Kalmus Drive, M-5, Costa Mesa, 92626
 Please contact the Center to sign up for activities: 714-540-5794 or email kabbas@dsaoc.org



DOWN SYNDROME ASSOCIATION
OF ORANGE COUNTY

Please Join Us!



Down Syndrome Association of Orange County's
2010 Orange County Buddy Walk
Sunday, November 7 9 a.m. – 2 p.m.

On the Field at the Angel Stadium of Anaheim
Live bands, exciting exhibitors, bounce houses, rock climb walls
and much, much more!



***You Don't Want To
Miss This Event!***

REGISTER or SPONSOR Today!

<http://www.buddywalk.kintera.org/dsaoc>

*Prizes are awarded to teams with the most walkers
and most dollars raised.*

*Visit the DSAOC website www.dsaoc.org for more information
and to view photos from last year's Buddy Walk!*



See You There!

Down Syndrome Association of Orange County, 151 Kalmus Drive, Ste M-5, Costa Mesa, CA 92626
(714) 540-5794 phone (714) 540-5872 fax info@dsaoc.org www.dsaoc.org



DOWN SYNDROME ASSOCIATION
OF ORANGE COUNTY



Please Join Us...

Saturday, October 9, 2010
9 a.m. – 1 p.m.

Restaurant Fundraiser & Holiday Boutique

**Have lunch at Acapulco's and shop for the
Holidays – all at the same time!**

**Present this flyer at time of purchase and 25% of your
food and beverage proceeds will be donated to the
Down Syndrome Association of Orange County.**

While you're there - Visit the participating vendors for
some great merchandise at great prices!

Candles – Gift Baskets – Cosmetics – Pottery – Cleaning Supplies – Children's items – Purses
Jewelry – Shawls – Clothing – Tupperware... and much more!



Acapulco Mexican Restaurant Y Cantina
1262 S. E. Bristol Street
Costa Mesa
(714) 754-6528