



Mark Your Calendar for These Upcoming Events!	Activities
<p>World Down Syndrome Day Zumba Fundraiser—Saturday, March 24 DSAOC After Dinner Party—Saturday, April 21 PCRF Cinco de Mayo Half Marathon— Sunday, May 6 DSAOC Golf Tournament, Banquet & Auction—Monday, June 11 OC Buddy Walk—Sunday, November 4</p> <p><i>For more information about DSAOC events visit www.dsaoc.org</i></p>	<p><u>Teen and Adult Bowling League</u></p> <p>For teens and adults with Down syndrome ages 12 and up. Saturday, March 10 from 10 a.m.– 12:30 p.m.</p> <p>Join us for our monthly bowling event. You'll have a BLAST, so RSVP today!</p> <p>Location: Irvine Lanes—3415 Michelson Dr. Irvine, CA Cost: \$6 per session (includes 2 games and shoe rental)</p>
<p>Parent Networks</p> <p><u>Circle of Friends: 0—3</u> Thursday, March 1 from 7—9 p.m. at the DSAOC Center</p> <p>Make friends and share the challenges, milestones, and triumphs as you raise your child.</p> <p>Expectant parents also welcome. Child care is not provided, but your little one with Down syndrome is welcome to come along with you.</p>	<p><u>World Down Syndrome Day Zumba Fundraiser</u></p> <p>Date: Saturday, March 24 Time: 11 a.m. - 12:30 p.m. Location: Trinity Episcopal Church, 2400 N. Canal Street, Orange 92865</p> <p>Cost per person: \$30 pre-registration (checks made payable to Gia Revelli noting Zumba - DSAOC) \$40 at the door</p> <p>Sponsor goodies, prizes and DJ Willpower Event Flyer Enclosed</p>
<p><u>Circle of Friends: 3—11</u></p> <p>NEW NIGHT ~ Thursday, March 1 from 7— 9 p.m. at the DSAOC Center</p> <p>This group will discuss issues that primarily focus on children 3 to 11 but families with children of all ages are welcome.</p>	<p><u>DSAOC After Dinner Party</u> Saturday April 21, 2012 from 6:30—9:30 p.m. at The Wine Artist</p> <p>General Admission: \$75 / VIP Admission: \$90</p> <p><u>Each admission includes:</u> Open bar with unlimited wine, beer, soft drinks and water, as well as delicious Hors D'oeuvres for a nice pairing.</p> <p><u>VIP Admission Includes:</u> The Wine Bottling Experience, complete with a bottle of wine to take home and special label to commemorate the event. Event Flyer Enclosed</p>
<p><u>Homeschool Friends</u></p> <p>Thursday, March 1 from 11 a.m.—Noon at the DSAOC Center</p> <p>For parents of children with Down syndrome that are currently home schooling or are considering this educational option.</p>	<p>- PCRF Half Marathon - Donate or Register Today to Support Team DSAOC!</p> <p>Visit http://www.pcrf-kids.org/reachingforthecure/ and click on the Register Here button, then locate our team in the <u>Charity Partner</u> list.</p> <p>Registration fees remain with PCRF, but your donations come directly to DSAOC and will support our Healthcare Education & Outreach Program. Help us spread the word, and thank you in advance for your support!</p>
<p>Seminars</p> <p><u>Transition Options</u> Saturday, March 3 from 9:00 a.m.—2:00 p.m.</p> <p>This mini conference will include presentations facilitated by experts in our community. The topics being covered will be Transition Programs and Post Education/College Options, Employment Program Options and connecting to the right Employment Program.</p> <p><i>See reverse for more information.</i></p>	<p><u>DSAOC Golf Tournament, Banquet & Auction</u> Monday, June 11</p> <p>Join us for a great day of Golf, or the Banquet & Auction only. View information and registration details by visiting www.dsaoc.org/golf-tournament.html</p>
<p><u>IEP for the young child</u> Wednesday, March 21 6:30 – 9:30 p.m. at the DSAOC Center</p> <p>Come join us for an opportunity to learn about the different services and agencies available for preschool, kindergarten and elementary students. We will be providing an overall review of the IEP document and process. Tips for parents in developing collaborative relationships and becoming empowered will also be shared, as well as tools that can be used to ensure that the child is seen as an individual, not just a diagnosis. This workshop is also helpful for parents whose children will be transitioning into the school system for early start.</p> <p>Please RSVP</p>	<p><u>2012 Bike Camp Registration will begin March 1</u></p> <p><i>See reverse for more information</i></p>

OC Bike Camp—Registration opens March 1-April 13

2012 Orange County Bike Camp

**Monday, July 30— Friday, August 3 at Soka University in Aliso Viejo
Camp Tuition: \$225**

DSAOC, in collaboration with United Cerebral Palsy (UCP), will once again host the Orange County Bike Camp. This camp teaches individuals with disabilities to ride conventional bikes without training wheels, using a curriculum and ultra-stable trainer bikes from Lose the Training Wheels, Inc. (LTTW).

Camper Criteria:

1. Camper desires to ride a bike independently and will attend all 5 days.
2. Age 8 (by 1/01/12) through adult (priority may be given to older applicants).
3. Able to walk without assistive device.
4. Capable of a standing side step (think “straddling a bike to get on”).
5. Able to pedal a tricycle or bike with training wheels.
6. Willing and able to wear a bike helmet for 1 hour.
7. Minimum inseam of 20 inches and maximum weight of 220 lbs.

Registration information will be sent out through a DSAOC e-blast on March 1, and will also be available on our website at that time.

If you have any further questions please contact the DSAOC Center at 714-540-5794 or info@dsaoc.org

Transition Options

Saturday, March 3 from 9:00 a.m.—2:00 p.m.

There are more options than ever before for students in transition, post education/college, and employment programs. This mini-conference will include presentations facilitated by experts in our community who will be sharing details on the many new and exciting options available. Speakers include:

- Transition Programs
Presented by: Richard Rosenberg, Whittier Union High School District and Linda O'Neal, Irvine USD
- Post Education/College Options
Presented by: Richard Rosenberg, Whittier Union High School District and Linda O'Neal, Irvine USD
- Employment Options
Presented by: Joseph Nacario from IRI Mentor Works, Maximos Salera from Goodwill and Microenterprise Development Program
Tim Chervenak from Project Independence
- Connecting to the Right Employment Program

This presentation is available in Spanish with an RSVP 5 days prior.

If you have any further questions please contact the DSAOC Center at 714-540-5794 or info@dsaoc.org

Please RSVP