

June/July/August Fridge Post 2012



Mark Your Calendar for These Upcoming Events!

Golf Tournament, Banquet & Auction—Monday, June 11 DSAOC Family Summer Picnic—Saturday, June 23 Orange County Bike Camp—July 30 through August 3 OC Buddy Walk—Sunday, November 4

For more information about DSAOC events visit www.dsaoc.org

Activities

Teen and Adult Bowling League

For teens and adults with Down syndrome ages 12 and up.

Saturday, June 9 from 10 a.m.– 12:30 p.m.

Join us for our monthly bowling event. You'll have a BLAST, so RSVP today!

Location: Irvine Lanes—3415 Michelson Dr. Irvine, CA

Cost: \$6 per session (includes 2 games and shoe rental)

Bowling will not be held in July or August.
It will resume in September.

RSVP to (714) 540-5794 or admin@dsaoc.org

Orange County Buddy Walk

It's not too early to start thinking about DSAOC's 2012 Orange County Buddy Walk!

Save the Date—Sunday, November 4

Angel Stadium of Anaheim 9 a.m.—2 p.m. Start getting your team and sponsors together!

*The Buddy Walk website will open in June. Look for details in your e-mail inbox.



DSAOC Annual Summer Picnic

More information on Back

Family Camp

More information on Back

Parent Networks

Circle of Friends: 0—3

Join us Thursday, June 7, July 12 & August 2 from 7—9 p.m.
at the DSAOC Center

Make friends and share the challenges, milestones, and triumphs as you raise your child.

Expectant parents also welcome.
Child care is not provided, but your little one with Down syndrome is welcome to come along with you.

June: Presentation by Dr. Mungo, DDS
July: Presentation on Sign Language
August: Presentation by Goodwill on
Assistive Technology

RSVP to (714) 540-5794 or admin@dsaoc.org

Circle of Friends: 3—11

Join us Thursday, June 7, July 12 & August 2 from 7—9 p.m.
at the DSAOC Center

This group will discuss issues that primarily focus on children 3 to 11 but families with children of all ages are welcome.

June: Presentation by Dr. Mungo, DDS

July: Presentation by Handwriting Without Tears

August: Presentation by Goodwill on

Assistive Technology

RSVP to (714) 540-5794 or admin@dsaoc.org

Homeschool Friends

Join us Tuesday, June 5, July 10 & August 7 from 7—9 p.m.
at the DSAOC Center

For parents of children with Down syndrome that are currently homeschooling or considering this educational option.

RSVP to (714) 540-5794 or admin@dsaoc.org

Go Green!



Go green with DSAOC! E-mail admin@dsaoc.org or call (714) 540-5794 and let us know you want the e-version of the monthly Fridge Post. Thank you!

DSAOC Annual Summer Picnic

Date: Saturday, June 23 **Time:** 4:30 - 7:30 p.m.

Location: Atlantis Park, 13630 Atlantis Way Garden Grove 92844 Private, fenced in park, located next to Bolsa High School off of Westminster.

DSAOC Summer Family Picnic "Sunset Social"

For DSAOC families of all ages!

Food generously provided by:



The entire family will have a blast playing on the concrete animals or sliding down the sea serpent slide. All of the other expected playground amenities are here as well, from swings to climbers. There are plenty of areas for picnicking under the trees so bring your blankets and chairs! There will be limited seating in the picnic table area where we will also have crafts, clowns and food (generously provided by Charo Chicken).

<u>Suggested donation per family member</u>: **\$3 per person** (3yrs old and up) You can pay by credit card or check prior to the event, or you can pay at the gate.

Please RSVP by Monday, June 18

When you RSVP, please provide the following information:

- Number of adults in the party
- Total number of children, with a note of who is 3 years and older

RSVP by calling (714) 540-5794 or email admin@dsaoc.org

Family Camp

Our Own Family Camp

Bring your family to this mountain retreat operated by the YMCA.

Date: August 31-September 3, 2012

Family Camp will be located at YMCA Camp Oakes in Big Bear. The activities available at camp include: canoes, swimming, observatory for evening star gazing, horseback riding and much more!

Lodging: Cabins, Tents, RV (electrical hook-ups are available).

Cost is expected to be the same as last year.

Meals are included in cost.

To RSVP contact Marissa Little – Camp Director (626) 252-0106 or ourownfamilycamp@aol.com

"Scholarships are available"