

September 2016

Fridge Post



DSAOC's **Mission** is to create a place for connection, information and hope for people with Down syndrome and their families throughout greater Orange County, to promote Down syndrome awareness through community outreach, and to offer programs, services and support that aim to empower individuals with Down syndrome to reach their full potential. Our **Vision** is to be a one-stop-shop for all things Down syndrome related, and to be a model organization for community collaboration and Down syndrome awareness, to change perceptions and change lives.

Looking Forward in 2016

Circle of Friends: T.A.S.K. presentation – Thurs, Oct 6
Boo Bash Dance – Sat, Oct 1 at Mater Dei HS
Halloween Picnic & Trick or Trunk – Sat, Oct 22 at GG Elks Lodge
Orange County Buddy Walk – Sun, Oct 30 at Angel Stadium
Breakfast with Santa – Sat, Dec 3 at GG Elks Lodge

For more information about DSAOC events visit
www.dsaoc.org or www.facebook.com/dsaoc

Support/Networking Groups

Circle of Friends Support & Networking Group **Thursday, September 1** **from 7—9 p.m. at the DSAOC Center**

Circle of Friends: Make friends, and share the challenges, milestones, and triumphs as you raise your child. Expectant parents are also welcome. Child care is not provided, but your little one with Down syndrome is welcome to accompany you.

Presentation: Potty Training and Self Hygiene, Steve Perez, M.A., BCBA, Behavior Services Specialist

This presentation will provide parents with an in-depth look at toilet training. Parents will be informed on how to best determine when a child is ready for toilet training, how they can best prepare for toilet training, and what tips and techniques will help their child be successful at toilet training.

Homeschool Friends/4H Super Kids **Monday, September 12 / Monday, September 26** **1—2:30 p.m. at the DSAOC Center**

For parents of children with Down syndrome that are currently home schooling or are considering this educational option. Children and siblings are welcome.

Teen/Adult Activities

Teen and Adult Bowling League **Saturday, September 12** **from 10 a.m. – 12:30 p.m.**

WELCOME BACK! This activity is for teens and adults with Down syndrome ages 12 and up. Join us for this FUN & social activity! Takes place on the 2nd Saturday of each month from September to May.

Location: Irvine Lanes – 3415 Michelson Dr. Irvine, CA
Cost: \$6 per session (includes 2 games and shoe rental)

Please RSVP to admin@dsaoc.org

Start thinking about costumes...

Teen/Adult “Boo Bash” Dance

Saturday, October 1
 from 6 – 9 p.m. at Mater Dei High School

Calling all teens and adults ages 13 and older – Join us for our 7th annual Boo Bash hosted by Mater Dei High School! Dress in your favorite Halloween Costume and be prepared to dance the night away to tunes spun by DJ Willpower! Fun costume contest (no masks please) and prizes...games, snacks and more!

*Costumes are optional
 Cost is \$5 per person or \$7 at the door.

Please note: Independence Assessment form must be up to date. You can find it at:

<https://goo.gl/forms/wwaGF7qdA0tHrUQD3>

DSAOC’S “Trick or Trunk” Family Activity

Saturday, October 22
 at Garden Grove Elks Lodge

Dress in your favorite Halloween Costume and take part in our Annual Trick or Trunk once again hosted by our friends at Garden Grove Elks Lodge.

Location: 11551 Trask Ave, Garden Grove, CA 92843

Please RSVP to admin@dsaoc.org

Sibshops – WELCOME BACK!

Sibshop’s is returning on Saturday, September 17! **at the DSAOC Center from 1 – 3:30 pm.**

We hope everyone had a terrific summer break, and we are so excited to see you again at our September Sibshops.

Upcoming Sibshops dates: Saturday, Sept 17 / Saturday, Oct 15 / Saturday, Dec 10 (Family Potluck)
 (no meeting in November)

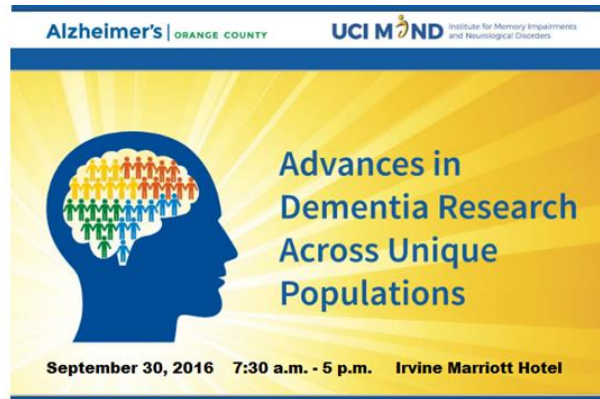
What to Expect: DSAOC’s Sibshops, for kid’s ages 8-12 years old who have a brother or sister with Down syndrome, is a wonderful blend of making friends, having fun, and sharing experiences. It provides peer support and information within a recreational context. It may be “therapeutic” to attend, but it is not therapy. Friendship is a cornerstone component, as these siblings will likely support one another over the years.

Facilitators: DSAOC volunteers, Autumn Trail and Renae Eichenmuller. Autumn and Renae each have an older sister with Down syndrome.

To register contact DSAOC at programs@dsaoc.org and please provide the name & age of the interested sibling(s).

Advances in Dementia Research Across Unique Populations
September 30, 2016 - 7:30 a.m. to 5 p.m. - Irvine Marriott Hotel

Join DSAOC at this upcoming full-day conference featuring renowned experts who will discuss the latest dementia research across unique populations. DSAOC's Board Member and Director of the UCI Down Syndrome Program and Professor Emeritus, UCI School of Medicine, Dr. Ira Lott, will be presenting the latest information on Dementia and Down Syndrome. Other topics presented will also be relating to supports for caregivers of individuals with Down syndrome.



REGISTRATION IS ONLY \$85 before September 9th

This conference will be informative for all parents and caregivers focused on individuals with Down syndrome. The public policy panel and the caregivers panel will include Down syndrome topics, as well as the lecture on the 90+ and healthy aging. The conference organizers are willing to have a separate room dedicated for DSAOC families and those attending due to their interest in the connection between Down syndrome and Alzheimer's, where everyone can have lunch and continue the discussions. IF YOU REGISTER... please let DSAOC know.

For more information and to register, visit: <http://www.alzoc.org/events/2016-research-conference/>

DSAOC'S "Trick or Trunk" Family Activity

Saturday, October 22
at Garden Grove Elks Lodge
4:30 – 7 p.m.

Join us at Garden Grove Elks Lodge
11551 Trask Ave,
Garden Grove, CA 92843

*Join us for an afternoon of Halloween fun at
Garden Grove Elks Lodge. We will have crafts, food, and Trick or Trunk!*

Potluck!

*Please bring drinks for your family and one of the following items to share:
Bring an item below based on the first letter of your last name.*

A-J Side Dish (Chips/Dip, Pasta Salad or Potato Salad)
K-Z Dessert or Snack Item

DSAOC will provide Pizza (we will have cheese pizza and other varieties)

*Suggested Donation: \$10 per family

Trick or Trunk Details: *What is Trick or Trunk?* It's a great way to add some family friendly excitement to our Halloween picnic! If you'd like to participate, here are some details to help you prepare for this fun activity. Simply (1) pick a Halloween theme and then decorate the trunk of your car to match that theme. Then (2) stock up on some Halloween treats to hand out to our Trick or Treaters. (3) Participating cars will be parked in rows in the parking lot with their trunks open (or side door if it's a van). At a designated time during the Halloween Picnic, the Trick or Treaters will go into the parking lot and visit each festive trunk and get a treat from you.

RSVP for this event by calling 714-540-5794, or by emailing Ali Fowler at admin@dsaoc.org

*Your donations to this activity help DSAOC cover the costs of the supplies. Thank you!



Show your support in a BIG way at the 2016 OC Buddy Walk by securing Sponsors!

Your team will receive credit for all sponsors you help to secure. This is a great way to increase your team total, so tell your team members to ask their companies about matching gifts or sponsorship.

Want to see your family name on participant T-shirts and the Brochure? Sponsorships are open to businesses **OR** families!

See your team name on the Angel Stadium JUMBO-TRON as one of our TOP fundraising teams! Prizes and awards on stage will also be presented if you are among the TOP 3 teams.



Grand Marshal & Special Guests

Did you get a chance to meet Jamie Brewer at last year's OC Buddy Walk?

We are thrilled that our friend, Jamie Brewer, will be back again as our Grand Marshal. But... she won't be alone... she will have some co-Marshals hanging out with her...

STAY TUNED for more special guest announcements.

Come and meet our friends and cast members from the new docu-series on A&E, "Born this Way". Rachel Osterbach and Steven Clark will be among our special guests this year.

Stay tuned for more special guest announcements...



Marketing and recognition opportunities are available to individuals and companies that register as sponsors. Your **company logo or family name** on more than 2,000 event t-shirts, as well as on the event brochures, social media and signage. Sponsors are also recognized on the Angel Stadium of Anaheim's Jumbo-Tron during the event.

Your sponsorship support will help fund local programs, resources and services for our community, as well as support national advocacy and research efforts through the work of NDSS. Local programs not only support our Down syndrome community, they support local schools, medical professionals, advocates and businesses with our Speakers Bureau and requested resources. We also provide community service hours for volunteers, and we have a comprehensive Intern Program for college students. Thank you in advance for your participation and support!

☐ **Executive Platinum Level:**

\$10,000

- Corporate logo and Executive Platinum recognition on all Buddy Walk promotional materials
- Premier corporate recognition in media and any pre-event publicity
- Corporate logo on day-of-event signage and on event T-shirts
- Distribution of sponsor-provided materials (optional)
- VIP introduction from the stage and recognition gift presented during the event
- 10 FREE event registrations for your company – make it a corporate event! (optional)
- Exhibitor space on the day of the event (optional)
- Executive Platinum logo recognition in DSAOC Social Media & website

☐ **Platinum Level:**

\$5,000

- Corporate logo and Platinum sponsor recognition on all Buddy Walk promotional materials
- Recognition in any pre-event publicity
- Corporate logo on day-of-event signage and on event T-shirts
- Distribution of sponsor-provided materials (optional)
- Special recognition from the stage during the event
- 5 FREE event registrations for your company – make it a corporate event! (optional)
- Exhibitor space on the day of the event (optional)
- Platinum sponsor recognition in DSAOC Social Media & website

☐ **Gold Level:**

\$2,500

- Corporate logo and Gold sponsor recognition on all Buddy Walk promotional materials
- Corporate logo on day-of-event signage and on event T-shirts
- Distribution of sponsor-provided materials (optional)
- Special recognition from the stage during the event
- 3 FREE event registrations for your company – make it a corporate event! (optional)
- Exhibitor space on the day of the event (optional)
- Gold sponsor recognition in DSAOC Social Media & website

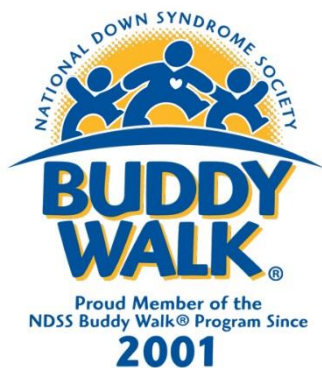
☐ **Silver Level:**

\$1,000

- Corporate logo and Silver sponsor recognition on select Buddy Walk promotional materials
- Corporate logo on day-of-event signage and on event T-shirts
- Exhibitor space on the day of the event (optional)
- Silver sponsor recognition in DSAOC Social Media & website

**Monetary donations or in-kind donation values Our Federal Tax Identification number is 95-3497922.*

DSAOC is a non-profit organization exempt from Federal and State income taxes under section 501 (c)(3) of the Internal Revenue Code and Section 23701 (d) of the California Revenue and Taxation Code.



Down Syndrome Association
of Orange County's
2016 Orange County Buddy Walk

Sunday, October 30

**Angel Stadium of Anaheim
9 a.m. to 2 p.m.**

Live bands, exciting exhibitors, food & fun, DJ Willpower, bounce houses, rock climb wall, acro-bungee and much, much more!

***Join us for some SPOOKtacular
pre-Halloween FUN for the whole family!
Team COSTUME Contest, Pumpkin Carving
Contest and more...***

**Register your team, Join a team, Donate to a
team, or sign up to Sponsor**

Website: dsaoc.donordrive.com/event/bw2016

***Want to learn more about DSAOC's
Orange County Buddy Walk?***

Visit <http://www.dsaoc.org/buddy-walk.html>
for more information and to view photos and video.

**Prizes are awarded to Top Teams and Top
Fundraisers.**

Volunteer Opportunities available.

**For more information please email admin@dsaoc.org for the
application or more information.**

**REMEMBER... your team gets credit for the Sponsors you secure! Email
Kellie at kperez@dsaoc.org for more information. You can also
download Sponsor/Exhibitor information at:
[http://dsaoc.org/pdfs/buddywalk/2016-oc-buddy-walk-cover-letter-
sponsor-exhibitor-packet.pdf](http://dsaoc.org/pdfs/buddywalk/2016-oc-buddy-walk-cover-letter-sponsor-exhibitor-packet.pdf)**

**GUARANTEED T-SHIRT DEADLINE: Monday, October 3, 2016
TOP TEAMS DEADLINE: Monday, October 24, 2016
ONLINE REGISTRATION DEADLINE: Friday, October 28 at noon!**

