

# September 2017 Fridge Post



DSAOC's **Mission** is to create a place for connection, information and hope for people with Down syndrome and their families throughout greater Orange County, to promote Down syndrome awareness through community outreach, and to offer programs, services and support that aim to empower individuals with Down syndrome to reach their full potential. Our **Vision** is to be a one-stop-shop for all things Down syndrome related, and to be a model organization for community collaboration and Down syndrome awareness, to change perceptions and change lives.

## Looking Forward in 2017

**DSAOC Sibshops** – Saturday, September 16, DSAOC Center  
**Teen/Adult Boo Bash Dance** – Saturday, Oct 7, Mater Dei  
**Trick-or-Trunk** – Saturday, October 21, GG Elks Lodge  
**DSAOC Sibshops** – Saturday, October 21, DSAOC Center  
**OC Buddy Walk** – Sunday, October 29, Angel Stadium  
**Breakfast with Santa** – Saturday, Dec 2, GG Elks Lodge  
**Red Carpet Ball** – Saturday, March 17, 2018, Phoenix Club  
 For more information about DSAOC events visit:  
[www.dsaoc.org](http://www.dsaoc.org)

## Support/Networking Groups

### Circle of Friends Support & Networking Group Thursday, September 7 from 7—9 p.m. at the DSAOC Center

**Circle of Friends:** Make friends, and share the challenges, milestones, and triumphs as you raise your child. Expectant parents are also welcome. Child care is not provided, but your little one with Down syndrome is welcome to accompany you.

**PRESENTATION: Healthy Smiles/Healthy Eyes**  
**7 p.m. - 7:45 p.m.** – Jocelyn Lopez is an Oral Health Outreach Counselor at Healthy Smiles for Kids of Orange County, where she educates parents and children on the importance of oral health.

**8 p.m. - 8:45 p.m.** – Dr. Jennifer Simpson from UCI will be presenting on Healthy Eyes. She will go over when to see the doctor, how early to visit the doctor, how often to visit the doctor, and any issues that can arise in children with Down syndrome.

Please RSVP to [admin@dsaoc.org](mailto:admin@dsaoc.org) or (714) 540-5794

### Homeschool Friends

**Meets on most Mondays – Schedule can vary**  
**\*Please call our center for info\***

**Starts at noon at the DSAOC Center**

The Homeschool children in this group are participating in a special program. Parents are still welcome to join for discussion and networking with the other parents, however, you will need to call to confirm if we can accommodate additional children in the program at this time.

Questions? Email [admin@dsaoc.org](mailto:admin@dsaoc.org)

## Activities

### **Teen and Adult Bowling League** **Welcome Back! Saturday, September 9** **from 10 a.m. – 12:30 p.m.**

This activity is for teens and adults with Down syndrome ages 12 and up. Join us for this FUN & social activity! Takes place on the 2nd Saturday of each month from September to May.

**Location:** Irvine Lanes – 3415 Michelson Dr. Irvine, CA  
**Cost:** \$6 per session (includes 2 games and shoe rental)

Please RSVP to [admin@dsaoc.org](mailto:admin@dsaoc.org)

## Start thinking about costumes...

### Teen/Adult “Boo Bash” Dance **Saturday, October 7** **from 6 – 9 p.m. at Mater Dei High School**

Calling all teens and adults ages 13 and older – Join us for our 8th annual Boo Bash hosted by Mater Dei High School! Dress in your favorite Halloween Costume and be prepared to dance the night away to tunes spun by DJ Willpower! Fun costume contest (no masks please) and prizes...games, snacks and more!

\*Costumes are optional  
 Cost is \$10 per person.

Please RSVP to [programs@dsaoc.org](mailto:programs@dsaoc.org)

### DSAOC’S “Trick or Trunk” Family Activity **Saturday, October 21** **from 4:30 – 7 p.m. at Garden Grove Elks Lodge**

Dress in your favorite Halloween Costume and take part in our Annual Trick or Trunk once again hosted by our friends at Garden Grove Elks Lodge. Please bring drinks for your family and an item to share (side dish or dessert). DSAOC will provide pizza.

**Location:** 11551 Trask Ave, Garden Grove, CA 92843

**Time:** 4:30 – 7 p.m.

**Cost:** Suggested \$10 donation per family

If you are planning on decorating your trunk, please let us know when you RSVP.

Please RSVP to [admin@dsaoc.org](mailto:admin@dsaoc.org)