

October 2017 Fridge Post



DSAOC's **Mission** is to create a place for connection, information and hope for people with Down syndrome and their families throughout greater Orange County, to promote Down syndrome awareness through community outreach, and to offer programs, services and support that aim to empower individuals with Down syndrome to reach their full potential. Our **Vision** is to be a one-stop-shop for all things Down syndrome related, and to be a model organization for community collaboration and Down syndrome awareness, to change perceptions and change lives.

Looking Forward in 2017

Teen/Adult Boo Bash Dance – Saturday, Oct 7, Mater Dei
Trick-or-Trunk – Saturday, October 21, GG Elks Lodge
DSAOC Sibshops – Saturday, October 21, Irvine Lanes
OC Buddy Walk – Sunday, October 29, Angel Stadium
Breakfast with Santa – Saturday, Dec 2, GG Elks Lodge
Red Carpet Ball – Saturday, March 17, 2018, Phoenix Club
For more information about DSAOC events visit:
www.dsaoc.org

Support/Networking Groups

Circle of Friends Support & Networking Group

Thursday, October 5
from 7—9 p.m. at the DSAOC Center

Circle of Friends: Make friends, and share the challenges, milestones, and triumphs as you raise your child. Expectant parents are also welcome. Child care is not provided, but your little one with Down syndrome is welcome to accompany you.

We will have our usual parent network time, but will also have the following presentation.

PRESENTATION: TASK - Disaster Preparedness
 An introduction to the concept of disaster preparedness for parents of children with special health care needs, this workshop describes the need for a disaster preparedness plan and highlights specific concerns related to children with disabilities.

Please RSVP to admin@dsaoc.org or (714) 540-5794

Homeschool Friends

Meets on most Mondays – Schedule can vary

Please call our center for info

Starts at noon at the DSAOC Center

The Homeschool children in this group are participating in a special program. Parents are still welcome to join for discussion and networking with the other parents, however, you will need to call to confirm if we can accommodate additional children in the program at this time.

Questions? Email admin@dsaoc.org

Activities

Teen and Adult Bowling League

Saturday, October 14
from 10 a.m. – 12:30 p.m.

This activity is for teens and adults with Down syndrome ages 12 and up. Join us for this FUN & social activity! Takes place on the 2nd Saturday of each month from September to May.

Location: Irvine Lanes – 3415 Michelson Dr. Irvine, CA
Cost: \$6 per session (includes 2 games and shoe rental)

Please RSVP to admin@dsaoc.org

Halloween Activities

Teen/Adult “Boo Bash” Dance

Saturday, October 7
from 6 – 9 p.m. at Mater Dei High School

Calling all teens and adults ages 13 and older – Join us for our 8th annual Boo Bash hosted by Mater Dei High School! Dress in your favorite Halloween Costume and be prepared to dance the night away to tunes spun by DJ Willpower! Fun costume contest (no masks please) and prizes...games, snacks and more! (**Flyer on back**).

*Costumes are optional
 Cost is \$10 per person.

Please RSVP to programs@dsaoc.org

DSAOC’S “Trick or Trunk” Family Activity

Saturday, October 21
from 4:30 – 7 p.m. at Garden Grove Elks Lodge

Dress in your favorite Halloween Costume and take part in our Annual Trick or Trunk once again hosted by our friends at Garden Grove Elks Lodge. Please bring drinks for your family and an item to share (side dish or dessert). DSAOC will provide pizza.

Location: 11551 Trask Ave, Garden Grove, CA 92843

Time: 4:30 – 7 p.m.

Cost: Suggested \$10 donation per family

If you are planning on decorating your trunk, please let us know when you RSVP. (**Flyer on back**)

Please RSVP to admin@dsaoc.org

DSAOC'S "Trick or Trunk" Family Activity

Saturday, October 21
at Garden Grove Elks Lodge
4:30 – 7 p.m.

With support from



National Charity League, Inc.
PACIFIC COAST

Join us at Garden Grove Elks Lodge
11551 Trask Ave,
Garden Grove, CA 92843



Thank you!

Join us for an afternoon of Halloween fun at
Garden Grove Elks Lodge. We will have crafts, food, a Bounce House and Trick or Trunk!

Potluck!

Please bring drinks for your family and one of the following items to share:
Bring an item below based on the first letter of your last name.

A-J Side Dish (Chips/Dip, Pasta Salad or Potato Salad)

K-Z Dessert or Snack Item

DSAOC will provide Pizza (we will have cheese pizza and other varieties)

*Suggested Donation: \$10 per family

Trick or Trunk Details: *What is Trick or Trunk?* It's a great way to add some family friendly excitement to our Halloween picnic! If you'd like to participate, here are some details to help you prepare for this fun activity. Simply (1) pick a Halloween theme and then decorate the trunk of your car to match that theme. Then (2) stock up on some Halloween treats to hand out to our Trick or Treaters. (3) Participating cars will be parked in rows in the parking lot with their trunks open (or side door if it's a van). At a designated time during the Halloween Picnic, the Trick or Treaters will go into the parking lot and visit each festive trunk and get a treat from you.

RSVP for this event by calling 714-540-5794, or by emailing Ali Fowler at admin@dsaoc.org

*Your donations to this activity help DSAOC cover the costs of the supplies. Thank you!



DSAOC Boo Bash

Saturday, October 7

from 6 – 9 pm at Mater Dei High School

GET YOUR COSTUMES READY...

Calling all teens and adults ages 13 and older – Join us for the Down Syndrome Association of OC's 8th annual Boo Bash, hosted by our friends at Mater Dei High School! Dress in your favorite Halloween Costume and be prepared to dance the night away to tunes spun by DJ Willpower! Fun costume contest (no masks please) and prizes... games, snacks and more!

*Costumes are optional

Registration Cost is \$10 per person – paid at the door!

Please note: Independence Assessment form must be up to date. You can find it at: <http://www.dsaoc.org/pdfs/dsaoc-independence-assessment-form-2015.pdf>

RSVP to programs@dsaoc.org or 714-540-5794



Proud Member of the NDSS Buddy Walk® Program Since 2001



DOWN SYNDROME ASSOCIATION OF ORANGE COUNTY

CHANGING PERCEPTIONS - CHANGING LIVES

Register Today!

<https://dsaoc.donordrive.com/event/bw17>

Down Syndrome Association of Orange County's 2017 Orange County Buddy Walk

Sunday, October 29

**Angel Stadium of Anaheim
9 a.m. to 2 p.m.**

Live bands, special guests, exciting exhibitors, food and fun, including, DJ Willpower, bounce houses, rock climb wall, acro-bungee and much, much more!



You Don't Want to Miss This Event!

Be part of a celebration that is meaningful & amazing!

You can Register a team, Join a team, Donate to a team, or sign up to Sponsor

Want to learn more about the DSAOC Buddy Walk? Visit <http://www.dsaoc.org/buddy-walk.html> for more information and to view photos and video from previous OC Buddy Walks.

Prizes are awarded to Top Teams and Top Fundraisers.

REGISTER:

<https://dsaoc.donordrive.com/event/bw17>

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