



DSAOC's **Mission** is to create a place for connection, information and hope for people with Down syndrome and their families throughout greater Orange County, to promote Down syndrome awareness through community outreach, and to offer programs, services and support that aim to empower individuals with Down syndrome to reach their full potential. Our **Vision** is to be a one-stop-shop for all things Down syndrome related, and to be a model organization for community collaboration and Down syndrome awareness, to change perceptions and change lives.

<p>Looking Forward in 2018</p>	<p>Support and Networking Groups</p>
<p>Circle of Friends – Thursday, January 11 (Date Change) Teen/Adult Bowling – Saturday, January 13 SibShops – Saturday, January 20 Circle of Friends – Thursday, February 1 Adult Single's Mixer – Thursday, February 8 Red Carpet Ball – Saturday, March 17, Phoenix Club Anaheim Golf Tournament – Monday, June 11, Los Coyotes CC <i>For more information about DSAOC activities/events visit:</i> www.dsaoc.org or call 714-540-5794</p>	<p><u>Circle of Friends Support & Networking Group</u> Thursday, January 11 from 7:00—9:00 p.m. at the DSAOC Center</p> <p>Circle of Friends: Make friends, and share the challenges, milestones, and triumphs as you raise your child. Expectant parents are also welcome. Child care is not provided, but your little one with Down syndrome is welcome to accompany you.</p> <p>TOPIC: What's Up with DSAOC! Join us for an ICE CREAM SOCIAL and a review of the 2018 calendar of activities and events for DSAOC families and individuals with Down syndrome.</p> <p>We will have a small presentation and then an open forum.</p> <p>Please RSVP to Ali at admin@dsaoc.org or (714) 540-5794</p>
<p>Teen/Adult Activities</p>	<p><u>Teen and Adult Bowling League</u> Saturday, January 13 from 10:00 a.m. – 12:30 p.m.</p> <p>This activity is for teens and adults with Down syndrome ages 12 and up. Join us for this FUN & social activity! Takes place on the 2nd Saturday of each month from September to May.</p> <p>Location: Irvine Lanes – 3415 Michelson Dr. Irvine, CA Cost: \$6 per session (includes 2 games and shoe rental) <i>Please RSVP to Ali at admin@dsaoc.org</i></p>
<p>Red Carpet Ball</p>	<p><u>Homeschool Friends</u> Mondays, beginning January 8 – Schedule Varies – Please call our center for info. Starts at noon at the DSAOC Center</p> <p>The Homeschool children in this group are participating in a special Speech program. Parents are still welcome to join for discussion and networking with the other parents, however, we cannot accommodate additional children in the program at this time.</p> <p>Questions? Email Ali at admin@dsaoc.org</p>
<p>Red Carpet Ball</p> <p><u>Red Carpet Ball</u> Saturday, March 17 from 6:00—10:00 p.m. at the Phoenix Club of Anaheim 1340 S. Sanderson Ave, Anaheim, CA 92806</p> <p>For more information or to purchase your Red Carpet Ball Tickets Online Website: redcarpetball.eventbrite.com Website Password: RCB2018</p> <p><i>Early Bird Ticket Cost (Before 2/20/18):</i> Per Person Price: \$50.00 <i>Standard Ticket Cost (After 2/20/18):</i> Per Person Price: \$60.00</p> <p>Invites will be mailed in early January. If you have questions about the Red Carpet Ball, Parent Mixer, or Payment, please contact DSAOC at 714-540-5794, Monday-Thursday 9:00am – 5:00pm or email Lauren at programs@dsaoc.org.</p> <p><u>SAVE THE DATE!</u></p> <p>The 3rd Annual Adult "Singles Mixer" Thursday, February 8, 2018 at the Orange Elks Lodge. More details coming soon...</p>	<p>Teen/Adult Programs – WEDNESDAYS</p> <p><u>DSAOC's Yoga & Fitness Programs</u> FIRST CLASS of 2018: Wednesday, January 10 at the DSAOC Center</p> <p>These programs will be weekly, each Wednesday, with the exception of the first Wednesday of each month.</p> <p>DSAOC Yoga DSAOC's Yoga Program is designed as an introduction to the practice of yoga. FEE: \$40.00 monthly fee will be required at the beginning of each month. TIME: 5:00 – 5:45 p.m.</p> <p>DSAOC's Fitness & Nutrition DSAOC's Fitness & Nutrition Program will combine fitness instruction and workout stations, with nutrition discussion and goal setting. FEE: A \$60.00 monthly fee will be required at the beginning of each month. TIME: 6:00 – 7:15 p.m.</p> <p>To sign up please email Lauren at programs@dsaoc.org</p>