



DSAOC's **Mission** is to create a place for connection, information and hope for people with Down syndrome and their families throughout greater Orange County, to promote Down syndrome awareness through community outreach, and to offer programs, services and support that aim to empower individuals with Down syndrome to reach their full potential. Our **Vision** is to be a one-stop-shop for all things Down syndrome related,

<p>Looking Forward in 2018</p>	<p>Support and Networking Groups</p>
<p>Circle of Friends Support Group – Thursday, February 1 Adult Singles Mixer – Thursday, February 8, Orange Elks Seminar – Thursday, February 8, DSAOC Center Sibshops – Saturday, February 17 Red Carpet Ball – Saturday, March 17, Phoenix Club Anaheim World Down Syndrome Day Event – Wednesday, March 21 Golf Tournament – Monday, June 11, Los Coyotes CC <i>For more information about DSAOC activities/events visit:</i> www.dsaoc.org or call 714-540-5794</p>	<p>Circle of Friends Support & Networking Group Thursday, February 1 from 7:00—9:00 p.m. at the DSAOC Center</p> <p>Circle of Friends: Make friends, and share the challenges, milestones, and triumphs as you raise your child. Expectant parents are also welcome. Child care is not provided, but your little one with Down syndrome is welcome to accompany you.</p> <p>TOPIC: Bullying Prevention – TASK This workshop was developed by PACER's National Bullying Prevention Center. It is intended for parents and professionals to explore the dynamics of bullying, so they can learn what to do and help children address the issue. Topics consist of: who is bullied; why children are bullied; the role schools play; laws and policies; and bullying prevention strategies.</p> <p>Please RSVP to Ali at admin@dsaoc.org or (714) 540-5794</p>
<p>Teen/Adult Activities</p>	<p>Homeschool Friends Mondays, beginning February 5 – Schedule Varies – Please call our center for info. Starts at noon at the DSAOC Center</p> <p>The Homeschool children in this group are participating in a special Speech program. Parents are still welcome to join for discussion and networking with the other parents, however, we cannot accommodate additional children in the program at this time. Questions? Email Ali at admin@dsaoc.org</p>
<p>Teen and Adult Bowling League Saturday, February 10 from 10:00 a.m. – 12:30 p.m.</p> <p>This activity is for teens and adults with Down syndrome ages 12 and up. Join us for this FUN & social activity! Takes place on the 2nd Saturday of each month from September to May.</p> <p>Location: Irvine Lanes – 3415 Michelson Dr. Irvine, CA Cost: \$6 per session (includes 2 games and shoe rental)</p> <p><i>Please RSVP to Ali at admin@dsaoc.org</i></p>	<p>Seminar</p>
<p>Red Carpet Ball/Singles Mixer</p> <p>Red Carpet Ball (& Optional Parent Mixer) Saturday, March 17 from 6:00—10:00 p.m. at the Phoenix Club of Anaheim 1340 S. Sanderson Ave, Anaheim, CA 92806</p> <p>For more information or to purchase your Red Carpet Ball Tickets Online Website: redcarpetball.eventbrite.com Website Password: RCB2018</p> <p><i>Early Bird Ticket Cost (Before 2/20/18):</i> Per Person Price: \$50.00 <i>Standard Ticket Cost (After 2/20/18):</i> Per Person Price: \$60.00</p> <p>If you have questions about the Red Carpet Ball please contact DSAOC at 714-540-5794, or email Lauren at programs@dsaoc.org.</p>	<p>Educational Placement and Least Restrictive Environment (LRE) – What does it all mean? Thursday, February 8 from 6:30 – 8:30 p.m. at the DSAOC Center</p> <p>Full Inclusion? Mainstreaming? Specialized Academic Classes? Clinic? How will placement affect my child's education? How can I ensure that my child is in the least restrictive environment? The environment/placement where your child receives their education is a huge piece of the IEP puzzle. We will review the continuum of placement options available to all students and then look at the possible impacts of each. Next, we will look at steps parents can take to ensure that their child is placed in the least restrictive environment.</p> <p>Presenters include Sandi Ames, Child Advocate/Parent Mentor who has a 24-year-old daughter with Down syndrome who was included throughout her education and has been providing advocacy support to families for over 20 years, and Joan Hersh, a retired Special Education teacher who created a state awarded inclusion program.</p> <p><i>RSVP to admin@dsaoc.org</i></p>
<p>The 3rd Annual "Totally 80's" Singles Mixer Thursday, February 8 from 6:30 – 9:00 p.m. at the Orange Elks Lodge 211 E Chapman Ave, Orange, CA</p> <p>Join us for an evening of food, friends, and modified speed dating fun! We will also have Music, Dancing, and more! \$10 per person, payable at the door.</p> <p>RSVP as soon as possible to Lauren at programs@dsaoc.org</p>	



NEW PROGRAMS COMING TO DSAOC THIS SPRING



Ballroom Dancing

Are you a jazzy lady or gent? Do you enjoy the finer things in life? Do you **love to dance** the night away? If so, this class is definitely for you! Mandy from Dare to Dance Huntington Beach will be **teaching** you the Merengue, Hustle, **Waltz** and **Swing!** For individuals with Down syndrome ages 15+.

Dust those dancing shoes off and sign up **TODAY.**

Duration: 8 weeks

Cost: \$80 paid upon first session

Time: Tuesdays, 3:45-4:45 p.m.

Dates: 2/6, 2/13, 2/20, 2/27, 3/6, 3/13, 3/20, 3/27

RSVP: To Lauren via phone | 714-540-5794 or email | Programs@dsaoc.org

Manners and More

In Manners and More, participants will learn all about the art of conversation, appearance/hygiene, appropriate dancing, dating etiquette, table setting, and how to put it all together. Participants will come away with the confidence to navigate any social setting and put all their knowledge to use in the last class by hosting a party for one another (parents are welcome to attend last session). Taught by DSAOC Staff using curriculum comprised of various professional resources.

For individuals with Down syndrome ages 15+.

Included: Interactive Activities, Homework Assignments and Workbook.

Duration: 6 weeks

Cost: \$100 paid upon first session

Time: Wednesdays, 3:45-4:45 p.m.

Dates: 2/7, 2/14, 2/21, 2/28, 3/7, 3/14

RSVP: To Lauren via phone 714-540-5794 or email Programs@dsaoc.org

