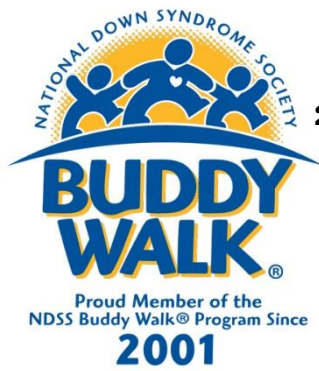


## DSAOC OCTOBER 2018 FRIDGE POST

DSAOC's **Mission** is to create a place for connection, information and hope for people with Down syndrome and their families throughout greater Orange County, to promote Down syndrome awareness through community outreach, and to offer programs, services and support that aim to empower individuals with Down syndrome to reach their full potential. Our **Vision** is to be a one-stop-shop for all things Down syndrome related, and to be a model organization for community collaboration and Down syndrome awareness, to change perceptions and change lives.

<p><b>Looking Forward in 2018</b></p> <p> <b>Boo Bash Teen/Adult Dance</b> – Saturday, October 6, Mater Dei  <b>Trick or Trunk</b> – Saturday, October 20, GG Elks  <b>OC Buddy Walk</b> – Sunday, October 28, Angel Stadium  <b>Breakfast with Santa</b> – Saturday, December 1         </p> <p style="text-align: center;"><i>For more information about DSAOC activities/events visit:</i>  <a href="http://www.dsaoc.org">www.dsaoc.org</a> or call 714-540-5794</p>	<p><b>Support and Networking Groups</b></p> <p style="text-align: center;"><u><b>Circle of Friends Support &amp; Networking Group</b></u>  <b>Thursday, October 4</b>  <b>from 7:00—9:00 p.m. at the DSAOC Center</b></p> <p><b>Circle of Friends:</b> Make friends, and share the challenges, milestones, and triumphs as you raise your child. Expectant parents are also welcome. Child care is not provided, but your little one with Down syndrome is welcome to accompany you.</p> <p><b>TOPIC: ENT</b></p> <p style="text-align: center;">Please RSVP to Ali at <a href="mailto:admin@dsaoc.org">admin@dsaoc.org</a> or (714) 540-5794</p>
<p><b>Teen/Adult Activities</b></p> <p style="text-align: center;"><u><b>Teen and Adult Bowling League</b></u>  <b>Saturday, October 13</b>  <b>from 10:00 a.m. – 12:30 p.m.</b></p> <p>This activity is for teens and adults with Down syndrome ages 12 and up. Join us for this FUN &amp; social activity! Takes place on the 2nd Saturday of each month from September to May.</p> <p><b>Location:</b> Irvine Lanes – 3415 Michelson Dr. Irvine, CA  <b>Cost:</b> \$6 per session (includes 2 games and shoe rental)</p> <p style="text-align: center;"><i>Please RSVP to Ali at <a href="mailto:admin@dsaoc.org">admin@dsaoc.org</a></i></p>	<p style="text-align: center;"><u><b>Homeschool Friends</b></u>  <b>Mondays, beginning October 1 at Noon, DSAOC Center</b>  <b>(Schedule can vary). Please call our center for info.</b>  <b>Starts at noon at the DSAOC Center</b></p> <p>The Homeschool children in this group are participating in a special Speech program. Parents are welcome to join for discussion and networking with the other parents, however, we cannot accommodate additional children in the speech program at this time.</p> <p style="text-align: center;">Questions? Email Ali at <a href="mailto:admin@dsaoc.org">admin@dsaoc.org</a></p>
<p><b>Trick or Trunk</b></p> <p style="text-align: center;"><b>DSAOC'S "Trick or Trunk" Family Activity</b></p> <p style="text-align: center;"><b>Saturday, October 20</b>  <b>at Garden Grove Elks Lodge</b>  <b>4:30 – 7 p.m.</b>      Join us at <b>Garden Grove Elks Lodge</b></p> <p style="text-align: center;"><b>MORE INFORMATION ON BACK</b></p> <p>RSVP for this event by calling 714-540-5794, or by emailing Ali Fowler at <a href="mailto:admin@dsaoc.org">admin@dsaoc.org</a>      *Your donations to this activity help DSAOC cover the costs of the supplies. Thank you!</p>	<p><b>Boo Bash</b></p> <p style="text-align: center;"><b>DSAOC "BOO BASH" 2018 HALLOWEEN DANCE PARTY</b>  <b>Saturday, October 6 at Mater Dei High School</b>  <b>6:00 – 9:00 p.m.</b></p> <p>GET YOUR COSTUMES READY...      Calling all teens and adults ages 13 and older and up to two of their friends ages 13 and older – Join us for the Down Syndrome Association of OC's 9th annual Boo Bash, hosted by our friends at Mater Dei High School! Dress in your favorite Halloween Costume and be prepared to dance the night away to tunes spun by DJ Willpower! Fun costume contest (no masks please) prizes, games, snacks and more!</p> <p>Once registered, we will email you the Independence Assessment Form if we need an updated version from you.</p> <p>*Costumes are optional</p> <p>Cost is \$10 per person.      RSVP to <a href="mailto:admin@dsaoc.org">admin@dsaoc.org</a></p>

**Unless otherwise stated, activities are held at the DSAOC Center, 151 Kalmus Drive, M-5, Costa Mesa, 92626.  
 Please contact the Center to sign up for activities: 714-540-5794 or email [admin@dsaoc.org](mailto:admin@dsaoc.org)**



Down Syndrome Association  
of Orange County's  
**2018 Orange County Buddy Walk**

**SAVE THE DATE!**

**Sunday, October 28**

**Angel Stadium of Anaheim  
9 a.m. to 2 p.m.**

Live bands, exciting exhibitors, food & fun, DJ Willpower, bounce houses,  
rock climb wall, acro-bungee and much, much more!

**Register your team, Join a team, Donate to a team,**  
**or sign up to Sponsor – website opening in June!**

***Want to learn more about DSAOC's  
Orange County Buddy Walk?***

Visit <http://www.dsaoc.org/buddy-walk.html>  
for more information and to view photos and video.

**Prizes are awarded to Top Teams and Top Fundraisers.**

**LINK: <https://give.classy.org/2018Bw>**



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**DSAOC'S "Trick or Trunk" Family Activity**

**Saturday, October 20  
at Garden Grove Elks Lodge  
4:30 – 7 p.m.**

Join us at **Garden Grove Elks Lodge**

11551 Trask Ave,  
Garden Grove, CA 92843

*Join us for an afternoon of Halloween fun at  
Garden Grove Elks Lodge. We will have crafts, food, a Bounce House and Trick or Trunk!*

**Potluck!**

*Please bring drinks for your family and one of the following items to share:*

*Bring an item below based on the first letter of your last name.*

**A-J Side Dish (Chips/Dip, Pasta Salad or Potato Salad)**

**K-Z Dessert or Snack Item \*\*DSAOC will provide Pizza (we will have cheese pizza and other varieties)**

\*Suggested Donation: \$10 per family

**Trick or Trunk Details:** *What is Trick or Trunk?* It's a great way to add some family friendly excitement to our Halloween picnic! If you'd like to participate, here are some details to help you prepare for this fun activity. Simply (1) pick a Halloween theme and then decorate the trunk of your car to match that theme. Then (2) stock up on some Halloween treats to hand out to our Trick or Treaters. (3) Participating cars will be parked in rows in the parking lot with their trunks open (or side door if it's a van). At a designated time during the Halloween Picnic, the Trick or Treaters will go into the parking lot and visit each festive trunk and get a treat from you.

RSVP for this event by calling 714-540-5794, or by emailing Ali Fowler at [admin@dsaoc.org](mailto:admin@dsaoc.org)

\*Your donations to this activity help DSAOC cover the costs of the supplies. Thank you!