

DSAOC's **Mission** is to create a place for connection, information and hope for people with Down syndrome and their families throughout greater Orange County, to promote Down syndrome awareness through community outreach, and to offer programs, services and support that aim to empower individuals with Down syndrome to reach their full potential. Our **Vision** is to be a one-stop-shop for all things Down syndrome related, and to be a model organization for community collaboration and Down syndrome awareness, to change perceptions and change lives.

<p>Looking Forward in 2019</p>	<p>Support and Networking Groups</p>
<p>Circle of Friends- Thursday, August 1st, DSAOC Turnover Movie Premier – Saturday, August 3rd, Long Beach Ask the DOC- Saturday, August 10th, Irvine Homeschool Friends- returning in September Teen/Adult Bowling- returns on September 14 DSAOC Boo Bash – Saturday, October 5, Mater Dei Trick or Trunk- Saturday, October 19, Garden Grove OC BUDDY WALK- Sunday, October 27th, Anaheim <i>For more information about DSAOC activities/events visit:</i> www.dsaoc.org or call 714-540-5794</p>	<p><u>Circle of Friends Support & Networking Group</u> Join us for an ice cream social! NEXT MEETING: Thursday, August 1st</p> <p>Circle of Friends: Make friends, and share the challenges, milestones, and triumphs as you raise your child. Expectant parents are also welcome. Childcare is not provided, but your little one with Down syndrome is welcome to accompany you.</p> <p>This will be an open forum to discuss which types of presentations you would like to see in the upcoming Circle of Friends meetings.</p> <p>Please RSVP to programs@dsaoc.org or (714) 540-5794</p>
<p>Teen/ Adult Bowling Returns!</p>	
<p>Saturday, September 14 from 10:00 a.m. – 12:30 p.m.</p>  <p>This activity is for teens and adults with Down syndrome ages 12 and up. Join us for this FUN & social activity! Takes place on the 2nd Saturday of each month from September to May.</p> <p>Location: Irvine Lanes – 3415 Michelson Dr. Irvine, CA Cost: \$6 per session (includes 2 games and shoe rental)</p> <p>Please RSVP at programs@dsaoc.org</p>	<p>Ask the DOC Saturday August 10th from 10am-12pm</p>  <p>Do you have questions about Down syndrome and Alzheimer's Disease? Panelists will answer your most pressing questions during this free community Q & A session.</p>
<p>Turnover Movie Premier – Saturday, August 3</p>	<p>Location: Alzheimer's OC- 2515 McCabe Way Irvine, CA 92614 RSVP: askucimind.eventbrite.com or call 949-924-9475</p>
<p>TURNOVER, the Movie – Join us for a private viewing and meet some of the Cast! Saturday, August 3 at 9:30 a.m. at The Art Theatre in Long Beach, 2025 E 4th St, Long Beach, CA 90814</p> <p>Join us for a red carpet viewing of the movie, Turnover, starring Jamie Brewer and Blair Williamson. The Credited Cast also includes Donna Mills, Paul Guilfoyle, Carlos Carrasco, Beverly Todd, Kat Kramer and many more.</p> <p>Tickets are \$15 each. Event Schedule: Doors open at 8:45 a.m. Movie begins promptly at 9:30 a.m. Movie Q&A with Writer/Director and some of the Cast Members at 11:35 a.m. Event concludes at 12 p.m.</p> <p>TO PURCHASE TICKETS: https://give.classy.org/DSAOCTurnover YOUTUBE TRAILER: https://www.youtube.com/watch?v=Tg9XPy80ark</p>	<p>Yoga with Julie Returns!</p> <p>Wednesday, August 14th at the DSAOC Center</p>  <p>This program will be weekly, each Wednesday, with the exception of the first Wednesday of each month.</p> <p>DSAOC's Yoga Program is designed as an introduction to the practice of yoga. FEE: \$40.00 monthly fee will be required at the beginning of each month. TIME: 5:00 – 5:45 p.m. This activity is for teens and adults with Down syndrome ages 10 and up. Join us for this FUN & social activity!</p> <p>Please RSVP to programs@dsaoc.org or (714) 540-5794</p>



Orange County Buddy Walk

Sunday, October 27, 2019

Angel Stadium of Anaheim

9 a.m. to 2 p.m.



DOWN SYNDROME ASSOCIATION
OF ORANGE COUNTY

CHANGING PERCEPTIONS - CHANGING LIVES



REGISTER: <https://give.classy.org/OCBW19>

Do you have the 'Back to School' Blues?

Let us help cheer you up with a special discount promo on your Orange County Buddy Walk registration – between Thursday, August 1 and Monday, August 5, use **Promo Code B2S5** and get \$5 off your registration (discount applies to the tickets for adult 12 and up, and child 3-11).

REGISTER TODAY and we will see you and your crew on Sunday, October 27 at the Angel Stadium of Anaheim!