


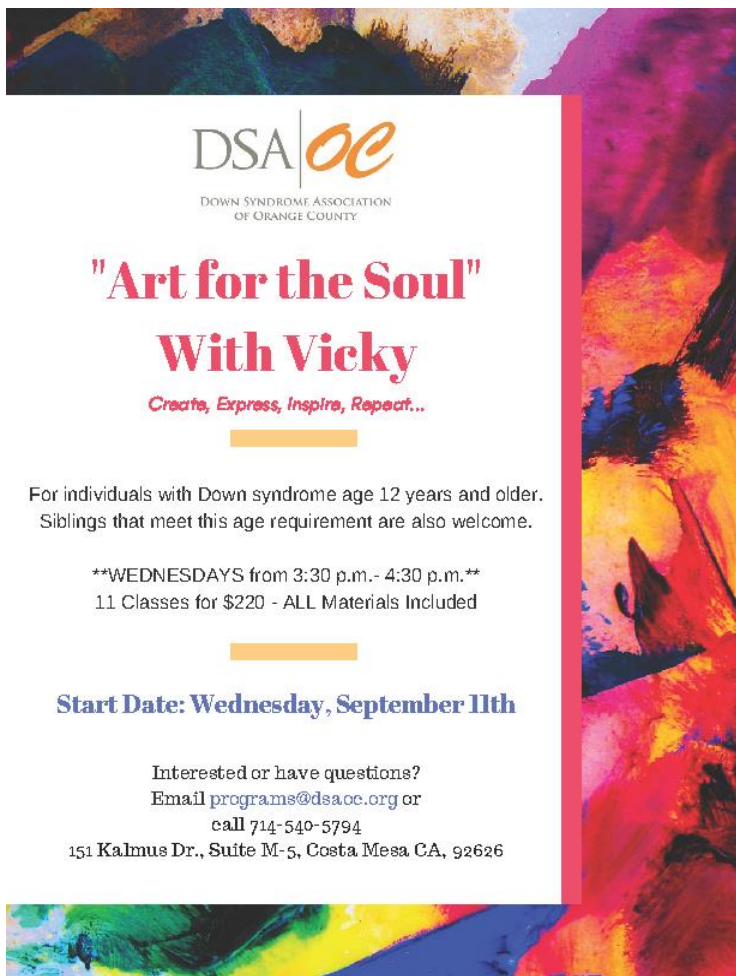


DSAOC's **Mission** is to create a place for connection, information and hope for people with Down syndrome and their families throughout greater Orange County, to promote Down syndrome awareness through community outreach, and to offer programs, services and support that aim to empower individuals with Down syndrome to reach their full potential. Our **Vision** is to be a one-stop-shop for all things Down syndrome related, and to be a model organization for community collaboration and Down syndrome awareness, to change perceptions and change lives. m

<h3>Looking Forward in 2019</h3>	<h3>Support and Networking Groups</h3>
<p>Circle of Friends Support Group – Thurs, Sept 5, DSAOC Teen/Adult Bowling – Returns on Sat Sept 14, Irvine Lanes Homeschool Friends – Returns on Mon Sept 16, DSAOC LRE Presentation – Thurs, Sept 19, DSAOC Meier Law Firm Presentation – Mon, Sept 23, DSAOC DSAOC Boo Bash Dance – Sat, Oct 5, Mater Dei DSAOC Trick or Trunk – Sat, Oct 19, Garden Grove Elks Lodge OC BUDDY WALK – Sun, Oct. 27, Angel Stadium of Anaheim <i>For more information about DSAOC activities/events visit:</i> www.dsaoc.org or call 714-540-5794</p>	<p>Circle of Friends Support & Networking Group NEXT MEETING: Thursday, September 5th</p> <p>Circle of Friends: Make friends, and share the challenges, milestones, and triumphs as you raise your child. Expectant parents are also welcome. Childcare is not provided, but your little one with Down syndrome is welcome to accompany you.</p> <p>SPECIAL PRESENTATION: Marriage and family therapists, George and Chelsea Fuentes, presenting tips on how to handle stressors of a new baby and how couples can keep their marital relationship strong.</p> <p>Please RSVP to programs@dsaoc.org or (714) 540-5794</p>
<h3>Teen/ Adult Bowling is BACK from Summer Break</h3>	
<p>Saturday, September 14 Irvine Lanes, from 10 a.m. – 12:30 p.m.</p> <p>This activity is for teens/adults with Down syndrome age 12 and up. Join us for this FUN & social activity! Takes place on the 2nd Saturday of each month from September to May.</p> <p>Location: Irvine Lanes – 3415 Michelson Dr. Irvine, CA Cost: \$6 per session (includes 2 games and shoe rental) Please RSVP to programs@dsaoc.org</p>	<p>Meier Law Firm - Special Presentation The 10 Legal Protections for Children with Special Needs – WORKSHOP at DSAOC Monday, September 23 from 12 p.m. to 1:30 p.m.</p> <p>This workshop will take place during our DSAOC Homeschool Group's parent meeting, but all families who have an interest in this topic are welcome to join.</p> <p>Please RSVP to admin@dsaoc.org</p>
<h3>Coming this Fall! See FLYERS Attached</h3>	<h3>WORKSHOPS / TRAININGS</h3>
<p>“Art for the Soul” with Vicky: Wednesdays from 3:30-4:30pm, <u>11 Classes Total</u> BEGINS Wednesday September 11 at DSAOC. For individuals age 12yrs and older, siblings that meet the age requirement are also welcome. Class will NOT take place on the first Wednesday of each month, and there will NOT be class on Wednesday, November 27. RSVP to programs@dsaoc.org Cost: \$220/ 11 classes, materials included.</p> <p>Parent and Me “Talk and Play” Social Language Speech Program for children age 18 months to 4 years (age requirement can be flexible, contact us). Facilitated by Chapman University Speech Pathology students with guidance from SLP/Professor. Begins in September, through December. Start date TBD. RSVP to programs@dsaoc.org Cost: \$30 monthly</p> <p>AFTER SCHOOL High School Book Club Tuesdays from 5-6 p.m. Begins Tuesday, Sept 10 for 9 weeks. For individuals ages 14-19. Facilitated by students from Chapman University. The book is “The Wizard of Oz” Cost: \$25/ 9 weeks, includes book, bookmark and supplies</p>	<p> Least Restrictive Environment (LRE) with Sandi The environment/placement where your child receives their education is a huge piece of the IEP puzzle. This workshop will review the continuum of placement options available to all students and then look at the possible impacts of each option. Next, we will look at the steps that parents can take to ensure that their child is placed in the least restrictive environment. Please RSVP to programs@dsaoc.org</p> <p> Parent Mentors DSAOC  Linking families to resources, networking opportunities and support.</p> <p>DSAOC Parent Mentor Training Saturday, September 28 at the DSAOC Center Training starts at 9 a.m. and concludes at 1 p.m. Pastries and Coffee at 8:30 a.m. Are you the parent of a young child with Down syndrome? Have you benefited from support and networking with other parents? Are you ready to share some of what you have learned? Please email Alicia at asanchez@dsaoc.org to RSVP and you will receive the Parent Mentor training application.</p>

Unless otherwise stated, activities are held at the DSAOC Center, 151 Kalmus Drive, M-5, Costa Mesa, 92626.
 Please contact the Center to sign up for activities: 714-540-5794 or email programs@dsaoc.org



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 DOWN SYNDROME ASSOCIATION OF ORANGE COUNTY

"Art for the Soul" With Vicky

Create, Express, Inspire, Repeat...

For individuals with Down syndrome age 12 years and older. Siblings that meet this age requirement are also welcome.

****WEDNESDAYS from 3:30 p.m.- 4:30 p.m.****
 11 Classes for \$220 - ALL Materials Included

Start Date: Wednesday, September 11th

Interested or have questions?
 Email programs@dsaoc.org or
 call 714-540-5794
 151 Kalmus Dr., Suite M-5, Costa Mesa CA, 92626

New Program!

Parent and Me "Talk and Play"

Social Language Speech Program for children with Down syndrome ages 18 months-4 years old and their parent(s), facilitated by Chapman University Speech Pathology students.

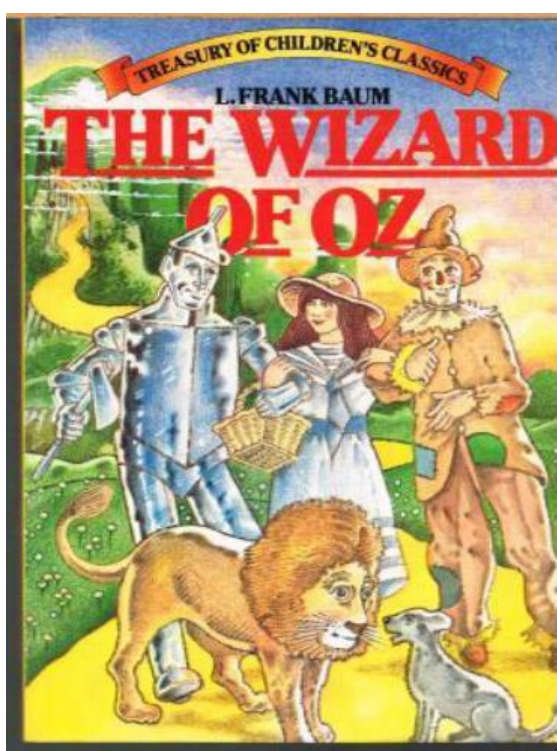
Wednesdays from 1:30-3:00p.m., beginning in September at the DSAOC center

\$30 monthly
 1st session runs from September-December

Benefits of this program:

- Builds language through play
- Parents will learn how to respond to their child to get them to talk
- Learn how to be an appropriate language model so your child acquires language faster
- Discover ways to easily modify your daily routines to increase communication
- Gain simple language strategies that can be quickly implemented into day-to-day activities
- Utilize fun ways to increase the words your child is saying
- Learn different signs to incorporate into daily routines to build communication

Interested or have questions?
 Email programs@dsaoc.org or
 call 714-540-5794
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Join our friends Derrick and Shannon from Chapman University for a 9-week High School Book Club

For individuals with Down syndrome age 14-19yrs

5 p.m. on Tuesdays – Beginning Tuesday, Sept 10

Book Club Dates: Sept: 10, 17, 24 || Oct: 1, 8, 15, 22, 29 || Nov. 5 (last day)


Join us for some friendship time and reading!

Instructors will support participants as they focus on reading, turn-taking, comprehension, self-expression and more.

COST for all 9 weeks is \$25 and includes the book, bookmark and additional treats and class supplies. Participants can keep the books, bookmarks etc.

To [RSVP](#) for this exciting 9-week High School Book Club, please email programs@dsaoc.org or call the Center 714-540-5794.

We are thrilled to welcome back "Joey" the therapy dog, and his handler, to our Book Club.





Orange County Buddy Walk

Sunday, October 27, 2019

Angel Stadium of Anaheim

9 a.m. to 2 p.m.



DOWN SYNDROME ASSOCIATION
OF ORANGE COUNTY
CHANGING PERCEPTIONS - CHANGING LIVES



REGISTER: <https://give.classy.org/OCBW19>

What's better than getting the day off for Labor Day? A discount code for the Buddy Walk, of course!

Let us help add some cheer to your Labor Day weekend by giving you a special discount promo code for your Orange County Buddy Walk registrations, and to share with your family/friends – between Sunday, September 1 and Wednesday, September 4, use **Promo Code LABORDAY** and get **\$5 off** each registration (discount applies to the tickets for adult 12 and up, and child 3-11).

REGISTER TODAY and we will see you and your crew on
Sunday, October 27 at the Angel Stadium of Anaheim!